

WHAT DOES A TYPICAL VOICE LESSON LOOK LIKE?

1 hour voice lesson



TAILORED VOICE LESSONS FOR ALL AGES AND ABILITIES

About AVS

Arabella started vocal teaching on one core principle: Music is Muscular. Inevitably when you have vocal control, you strengthen another important muscle, the soul.

AVS shares the core belief that vocal training is the heart to healthy self-expression. Lessons may include working with Arabella on healthy, sustainable technique. Arabella also offers coaching on stylistic elements, as well as audition preparation and managing stage freight.

FAQs

What types of clients do you train?

Arabella has taught and mentored aspiring musicians ages 7-60+.

How much do lessons usually cost?

At AVS we offer a variety of different payment options including packages and individual costs. The average lesson, however, is around \$70. The average cost in Boston is \$85.

What does the starting process look like?

1. Book an introductory call with Arabella.
2. Attend a 15 minute zoom consultation to go over your goals and aspirations as a singer.
3. Choose the vocal programs that best aligns with your goals!

01

Warm Ups

A healthy voice typically takes no more than **five to ten minutes maximum to warm up**. With that said, it is a crucial part of the lesson, so that we can avoid vocal fatigue and injury.

02

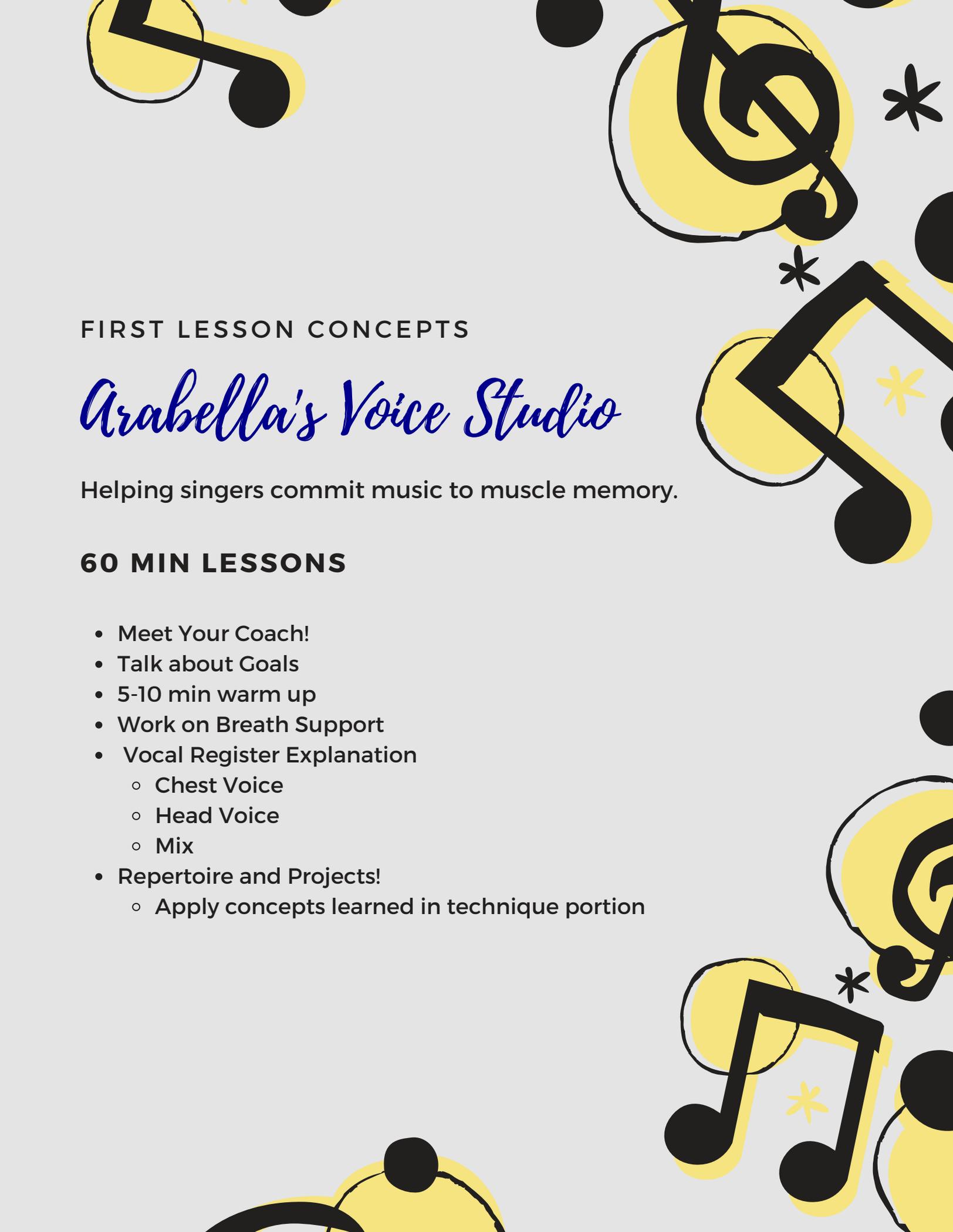
Technique Exercises

No two students are the same and no two exercises are the same. Receive tailored made exercises to best help you improve as a singer. Timing varies, but typically students spend about **twenty to thirty minutes on exercises**.

03

Repertoire & Projects

For the remainder of the lesson, we apply what we've worked on in the first half. Students may elect to work on repertoire, production, music theory, or songwriting etc. Although it ranges, students usually spend about **twenty to twenty-five minutes on their creative works**.



FIRST LESSON CONCEPTS

Arabella's Voice Studio

Helping singers commit music to muscle memory.

60 MIN LESSONS

- Meet Your Coach!
- Talk about Goals
- 5-10 min warm up
- Work on Breath Support
- Vocal Register Explanation
 - Chest Voice
 - Head Voice
 - Mix
- Repertoire and Projects!
 - Apply concepts learned in technique portion